

WINTER MENU – from November 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Omega 3 Fishfingers <i>Home-made Potato Wedges & Peas</i>	Chicken Curry <i>Steamed Rice, Mini Naan</i>	Bangers 'n' Mash <i>Seasonal Vegetables, Gravy</i>	Classic Spaghetti Bolognaise <i>Pasta, Garlic Slice</i>	Pepperoni Pizza <i>Fries, Beans, or Salad</i>
	Vegan Sausage Roll <i>Home-Made Potato Wedges & Peas</i>	Cheesy Spicy Bean Burrito <i>Steamed Rice, Seasonal Vegetables</i>	Cheese Pie <i>Mash Potato, Seasonal Vegetables</i>	Tomato & Basil Pasta <i>Garlic Slice</i>	Quorn Nuggets <i>Fries, Beans, or Salad</i>
	Freshly made Tuna Sandwich with Mixed Salad	Jacket Potato with Beans (and Cheese)	Freshly made Ham Sandwich with Mixed Salad	Cheese Toastie with Mixed Salad	Jacket Potato with Cheese (and Beans)
	Home Made Melting Moment Cookie	Home Made Apple Sponge and Custard	Home Made Fruity Muffin	Fruity Flapjack	Home-made Chocolate Biscuit
Week 2	Mac 'n' Cheese <i>Garlic Slice</i>	All Day Breakfast <i>Sausage, Bacon, Hash Brown, Egg, Beans</i>	Roast Chicken Dinner <i>Mash & Roast, Seasonal Vegetables, Gravy</i>	Chilli Beef Enchilada Bake <i>Golden Veggie Rice</i>	Chicken Burger <i>Fries, Beans, or Salad</i>
	Fish Star <i>Home Made Diced Potato, Seasonal Vegetables</i>	Herby Tomato Pasta <i>Garlic Slice</i>	Cheesy Bean Pie <i>Mash & Roast, Seasonal Vegetables</i>	BBQ Quorn Fillet <i>Golden Veggie Rice</i>	Classic Pizza Margherita <i>Fries, Beans, or Salad</i>
	Freshly made Cheese Sandwich with Mixed Salad	Freshly made Tuna Sandwich with Mixed Salad	Jacket Potato with Cheese (and Beans)	Cheese Toastie with Mixed Salad	Jacket Potato with Cheese (and Beans)
	Home Made Shortbread Biscuit	Home Made Ginger Sponge and Custard	Fruity Flapjack	Iced Smoothie Pot	Home Made Chocolate Chip Cookie
Week 3	Pizza Style Pasta <i>Pasta, Pepperoni, Cheese, Garlic Slice</i>	Tex-Mex Chicken Fajita 'Lasagne' <i>Smoky Rainbow Rice, Salad</i>	Roast Gammon Dinner <i>Mash & Roast, Seasonal Vegetables, Gravy</i>	Chicken Tikka Masala Curry <i>Steamed Rice, Mini Naan</i>	Beefburger <i>Fries, Beans, or Salad</i>
	Margherita Style Pasta <i>Pasta, Tomato, Cheese, Garlic Slice</i>	Tex-Mex Veggie Balls <i>Smoky Rainbow Rice, Salad</i>	Veggie Roll <i>Mash, Roast, Seasonal Vegetables</i>	Cheese Whirl <i>Home Baked Diced Potato, Seasonal Vegetables</i>	Classic Pizza Margherita <i>Fries, Beans, or Salad</i>
	Jacket Potato with Beans (and Cheese)	Freshly Made Cheese Sandwich with Mixed Salad	Freshly Made Ham Sandwich with Mixed Salad	Cheese Toastie with Mixed Salad	Jacket Potato with Cheese (and Beans)
	Fruity Flapjack	Home Made Cocoa Pear Sponge and Custard	Home Made Shortbread Cookie	Arctic Roll	Home Made Chocolate Chip Muffin
	EVERYDAY: Fresh seasonal fruit, yogurt, salad, optional bread	EVERYDAY: Fresh seasonal fruit, yogurt, salad, optional bread	EVERYDAY: Fresh seasonal fruit, yogurt, salad, optional bread	EVERYDAY: Fresh seasonal fruit, yogurt, salad, optional bread	EVERYDAY: Fresh seasonal fruit, yogurt, salad, optional bread