

# Autumn MENU – from November 2026

|        | Monday                                                                                                | Tuesday                                                                              | Wednesday                                                                                | Thursday                                                                                                    | Friday                                                                                                |
|--------|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| Week 1 | <b>Tasty Chilli-non-Carne</b><br><i>Rainbow Rice</i>                                                  | <b>BBQ Chicken wrap</b><br><i>Hand cut Wedges, Corn Ribs, Coleslaw, salad</i>        | <b>Roast Gammon Dinner</b><br><i>Roasted new potatoes, Seasonal Vegetables, Gravy</i>    | <b>All Day Breakfast</b><br><i>Bacon, Hash Brown, Egg, Beans</i>                                            | <b>Fakeaway Friday</b><br><b>Chicken Burger</b><br><i>Fries, 'slaw, or Beans, or salad</i>            |
|        | <b>Filled Baked Jacket Potato</b><br><i>Chilli non-Carne / Cheese / Beans / Tuna</i>                  | <b>Cheese Toastie</b><br><i>Hand Cut Wedges, Corn Ribs, Coleslaw, Salad</i>          | <b>Plant-Based 'Sausages'</b><br><i>Roasted New potatoes, Seasonal Vegetables, Gravy</i> | <b>Roasted Tomato &amp; Basil Pasta</b><br><i>Garlic Slice</i>                                              | <b>Classic Pizza Margarita</b><br><i>Fries, Beans, or salad</i>                                       |
|        | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>                         | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>        | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>            | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>                               | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>                         |
|        | <b>Home Made Lemon Shortbread Biscuit</b>                                                             | <b>Home Made Cocoa Pear Sponge Cake</b>                                              | <b>Home Made Sultana &amp; Oat Cookie</b>                                                | <b>Fresh Fruit Fiesta</b><br><i>Fresh fruit, Pieces, Pots, Portions or Yogurts</i>                          | <b>Home Bake of the Day</b>                                                                           |
| Week 2 | <b>Chicken Tikka Masala Curry</b><br><i>Steamed Rice, Mini Naan</i>                                   | <b>Chicken Shawarma Pitta</b><br><i>Roasted herby Wedges, salad</i>                  | <b>Roast Chicken Dinner</b><br><i>Mashed Potatoes, Seasonal Vegetables, Gravy</i>        | <b>Omega 3 enriched Fishfingers</b><br><i>Hand cut baked wedges, peas</i>                                   | <b>Fakeaway Friday</b><br><b>HFC – Popcorn Chicken</b><br><i>Tater Tots, 'Slaw or Beans, or salad</i> |
|        | <b>Filled Baked Jacket Potato</b><br><i>Chicken Tikka Masala / Dirty Cowboy Beans / Cheese / Tuna</i> | <b>Cheese &amp; Bean Toastie</b><br><i>Masala Beans, Roasted herby Wedges, salad</i> | <b>Veggie Balls Dinner</b><br><i>Mashed potatoes, Seasonal Vegetables, Gravy</i>         | <b>Cheese &amp; Tomato Pasta Bake</b><br><i>Pasta, Tomato, Cheese, Garlic Slice</i>                         | <b>Classic Pizza Margarita</b><br><i>Tater Tots, Beans, or salad</i>                                  |
|        | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>                         | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>        | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>            | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>                               | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>                         |
|        | <b>Home Made Cocoa Orange Cookie</b>                                                                  | <b>Home Made Syrup Sponge and Custard</b>                                            | <b>Home Baked Apple Flapjack</b>                                                         | <b>Fresh Fruit Fiesta</b><br><i>Fresh fruit, Pieces, Pots, Portions or Yogurts</i>                          | <b>Home Bake of the Day</b>                                                                           |
| Week 3 | <b>Classic Beef Bolognaise</b><br><i>Pasta, Garlic Slice</i>                                          | <b>Mildly Spiced Chicken Curry</b><br><i>Steamed Rainbow Rice, Mini Naan</i>         | <b>Bangers 'n' Mash</b><br><i>Seasonal Vegetables, Gravy</i>                             | <b>Italian Chicken Tray-Bake</b><br><i>Roasted with Potatoes, served with Seasonal Vegetables, or Salad</i> | <b>Fakeaway Friday</b><br><b>Battered Fish</b><br><i>Skinny Fries, Beans, Peas, or salad</i>          |
|        | <b>Filled Baked Jacket Potato</b><br><i>Beef Bolognaise / Plant-based Bolognaise / Cheese / Tuna</i>  | <b>Beany Enchilada</b><br><i>Steamed Rainbow Rice,</i>                               | <b>Cheese Pie</b><br><i>mashed Potato, Seasonal Vegetables,</i>                          | <b>Sweet &amp; Sour Rainbow Noodles</b><br><i>Noodles, Vegetable Ribbons, Veggie-Mince</i>                  | <b>Classic Pizza Margarita</b><br><i>Skinny Fries, Beans, or salad</i>                                |
|        | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>                         | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>        | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>            | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>                               | <b>Freshly made Sandwich – Ham, Tuna OR Cheese</b><br><i>with Mixed Salad</i>                         |
|        | <b>Home Made Raspberry &amp; Cocoa Cookie</b>                                                         | <b>Home Made 'School cake' with sprinkles</b>                                        | <b>Home Baked Apple Flapjack</b>                                                         | <b>Fresh Fruit Fiesta</b><br><i>Fresh fruit, Pieces, Pots, Portions or Yogurts</i>                          | <b>Home Bake of the Day</b>                                                                           |